

## SESSION 6

# MY JOURNEY

It's time to reflect on our journey over the last six sessions.

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Please add a cross/sticker in a box below each of these four statements, indicating where you are after taking part in *Growing Good*.

### 1 'I've learnt more about my local community'

DOESN'T SOUND LIKE ME

SOUNDS A BIT LIKE ME

SOUNDS A LOT LIKE ME

### 2 'I feel more confident and have courage to get involved with my local community'

DOESN'T SOUND LIKE ME

SOUNDS A BIT LIKE ME

SOUNDS A LOT LIKE ME

### 3 'I feel more inspired to make change and work with others to do something together'

DOESN'T SOUND LIKE ME

SOUNDS A BIT LIKE ME

SOUNDS A LOT LIKE ME

### 4 'I want to put my faith/beliefs into action'

DOESN'T SOUND LIKE ME

SOUNDS A BIT LIKE ME

SOUNDS A LOT LIKE ME

## THANK YOU!

GROWING GOOD:

**Youth**